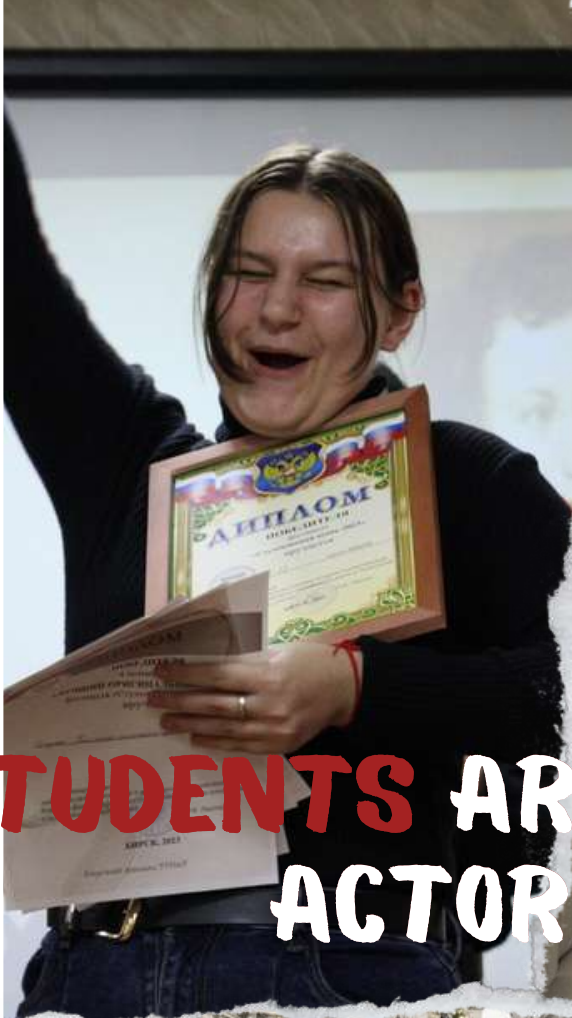


ISSUE #16

# THE ARTIFACT



**STUDENTS ARE  
ACTORS**



**VIBE IN THE  
TOWN OF  
BIRSK**



**NEW**



**CYCLING IN  
LONDON**

**ACADEMIC YEAR**

**AUTUMN 2023**

# NEW ACADEMIC YEAR - NEW ACHIEVEMENTS



The new academic year has come. The students' denial stage has gone, giving way to the implementation stage. Our wonderful teachers give again liberally their young successors invaluable knowledge. The first-year students show themselves at full speed in intellectual spheres as well as in creative ones. The BBUUST is full of life.

**AND WHAT ABOUT «THE ARTIFACT»?**

**OUR TEAM DOESN'T DOZE TOO, WHAT IS MORE, WE ARE READY TO SHARE OUR NEW ACHIEVEMENTS.**

## 1) New traditions

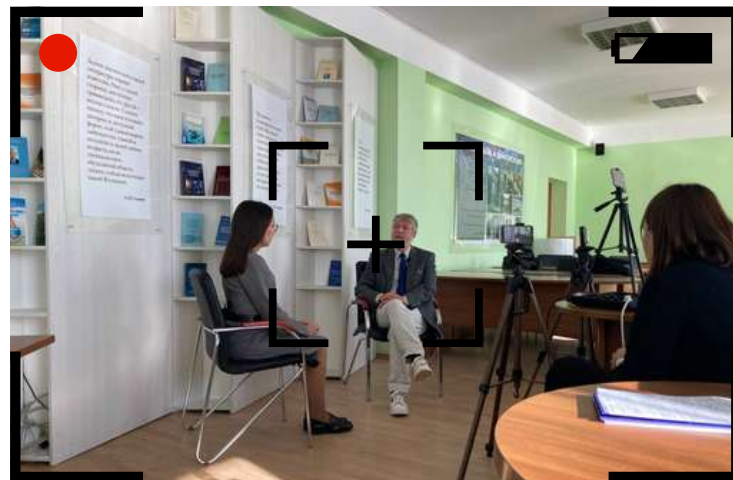
We have created a new tradition – to hold face-to-face meetings every month. What for, you may ask. First of all, to raise a team spirit and to establish a friendly atmosphere. Secondly, to improve the work's quality: collaborative discussion and solving various tasks contribute to it. Thirdly, to plan further work.



**ARTI-MEETING**  
**03/09/23**

## 2) Making history...

We know that a series of interviews «ФФимК в лицах» («FFi&C and its Characters») has become one of the most popular Artifact's projects last academic year. Our team decided to continue creating work in such a format. In the framework of the S. M. Usmanov Remembrance Week, we released a special memorial interview's issue in which colleagues and close people of Salavat Mudarisovich could share their warm reminiscences about him.



## 3) Welcome “greenhorn recruits”!

They say a cohort of talented and smart students entered the faculty of philology and intercultural communication... And that's true! Traditionally, the Artifact's team organized the first meeting, meet-up, for the freshmen and acquainted them with the activities which we regularly perform: shooting photos and video, writing articles, posting columns, etc. The first-year-students demonstrated their individuality, resourcefulness and savvy. And now we are looking forward the most artistic, creative and initiative in our ranks.



#### 4) One more time Students of the Year?

«The Artifact» is the three times participant of the regional «Student of the year prize», twice medalist in the «Student media of the year» nomination. Some mathematical contradiction, isn't there? It's because we shall know the result of the recent participation only at the awards ceremony, on November 6. The team of the magazine in foreign languages performed well in all competitive tests, now is the most difficult part - waiting.



**STUDENT**



**OF THE  
YEAR**



**2023**

To tell the truth, this is only a small part of what we have done in the period of report. Some of our achievements are still kept secret, some of the events you are already aware of from our posts in VK group, and some of the events you will find out in the following pages of our issue.

This is just the beginning! Follow all the news of our magazine, learn foreign languages, develop and have fun with us! We love you, our spectator and reader!

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**Galieva K.  
Editor-in-chief**



# ENTERED THE BBUUST?

Then you urgently need to get acquainted with the list of pros and cons of studying here.

## Let's start with the cons:



Be prepared that you will have to read piles of books and you will have red eyes all the time.



But not only will you read a lot, you will also have to learn a lot by heart.



Keep pens and notebooks on the ready, because there will be a lot of notes to take.



And of course, you can't get away from performances and speeches.

## But, of course, everything has its pros:



Reading will broaden your horizons.



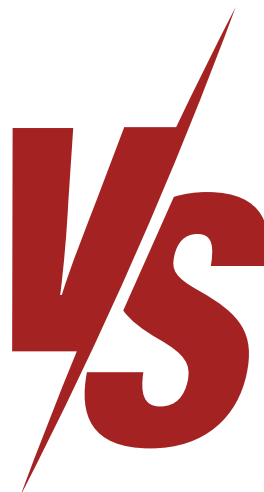
Notes will help in preparing for exams.



In our university, you can do anything you want. Within the limits of what is allowed, of course.



Creative tasks, numerous events, fests – all this is space for your creativity!



## AND, OF COURSE, OUR MAGAZINE WILL NOT LEAVE YOU WITHOUT ADVICE:

Do not focus only on studying. Life is not only about studying, but also embraces family, friends, walks, hobbies, travel and a huge variety of amazing things.



There are no unsolvable problems. If things are not going as smoothly in life or in your study as you want, do not be afraid to ask for help from friends, fellow-students, seniors or even the dean's office.

Study first of all for yourself and only then for the sake of grades.



Do not forget about a good sleep and rest.

**Remember, life is crazy! You can easily become anyone if you don't forget to believe in yourself. And our university is a great boost (BBUUST) to prove yourself.**

# CYCLING IN LONDON: MY PERSONAL EXPERIENCE

I spent five days in London in February 2020. Of course, you'd like to know more about the trip (for instance, getting the visa and travel expenses) and the sights I saw, but that's a long story and I'll keep that for another time, and will dwell on cycling only.

By that time I'd been cycling actively for two and a half years, mainly in Saint Petersburg and Leningrad Region. There are bits of infrastructure for cyclists in Saint Petersburg, and I naturally wanted, firstly, to see how it is arranged in London and, secondly, to use a bike to do sightseeing (London tube turned out to be quite expensive as compared to bicycle hire).

I did the entire planning for my five-day trip beforehand: bought the necessary tickets, read some information about London transport and found the Santander Cycles – London's self-service bike-sharing scheme for short journeys. As in many other large cities, the principle of this scheme is as follows: you register an account (a bank card is necessary), find the nearest docking station, hire a bike and go for a ride, then return it to any docking station. I paid 2 pounds for 24 hours; you can have as many 30-minute rides as you want, but mind that for a 40-minute ride you'll be charged extra. To get the bike, you insert your bank card in the docking station. To find the nearest station, I used a printed map of their locations (I'm so old-fashioned, yes, and didn't have a smartphone during the trip).

The three-speed cycles are quite comfortable for city riding (though it's not so easy to climb a hill, e.g., Holland Walk near my hostel). Sometimes docking stations can be out of order, have no free places – or any bikes!

In London there are many wide bike lanes separated from the carriageway, traffic lights for cyclists (I've seen a few of them in Moscow and Saint Petersburg) and other road signs. Unfortunately, cycle lanes in Russia are very often used by pedestrians, even when a separate footpath is nearby. Of course, sometimes I got afraid when large double-decker buses passed by, but the large number of fellow cyclists everywhere in the city made me feel comfortable, safe, and confident. I felt almost like a “king of the road”...

You simply have to enjoy the feeling of a large city early in the morning, at 4 or 5 a.m. while the roads are almost empty. I planned a bus trip from London to Bath, and decided to cycle from my hostel to the Victoria Coach Station. The distance is quite short, but I managed to get lost, despite asking passers-by for directions; somehow, I miraculously found the coach station just ten minutes before departure.

I usually rode a bicycle from my hostel near the Holland Park to the city centre and there I walked on foot. While cycling, you are likely to miss some minor interesting things, but a bicycle was indispensable for my getting from one area to another. I took the Underground only thrice in five days (two of them on the day of arrival). Another vivid impression was the large quantity of bicycles right on the railway platform (in particular, the Marylebone Station) – anything of this kind can hardly be imagined in Russia (probably somewhere bicycles can be parked near the station, but not inside it, apparently for “security reasons”). That’s an example of bicycles being included in a person’s daily transport routine – ride a bike to the railway station, leave it there, then take a train to the destination, come back in the evening, and ride the bike home! Can the bike be stolen? This is quite probable, but railway stations have video surveillance and you use anti-theft devices.

In conclusion I’d like to say that cycling, besides being quite good for your physique (do not forget about vehicle exhaust gases – choose roads with less intensive traffic!), will help you see a big city from a different perspective, experience positive emotions, and save time and money on short trips. Enjoy your ride!

by **Alexandr Alferov, 2006**  
graduate, the Artifact ex-editor





# FRESHMAN, WELCOME TO ALMA MATER!

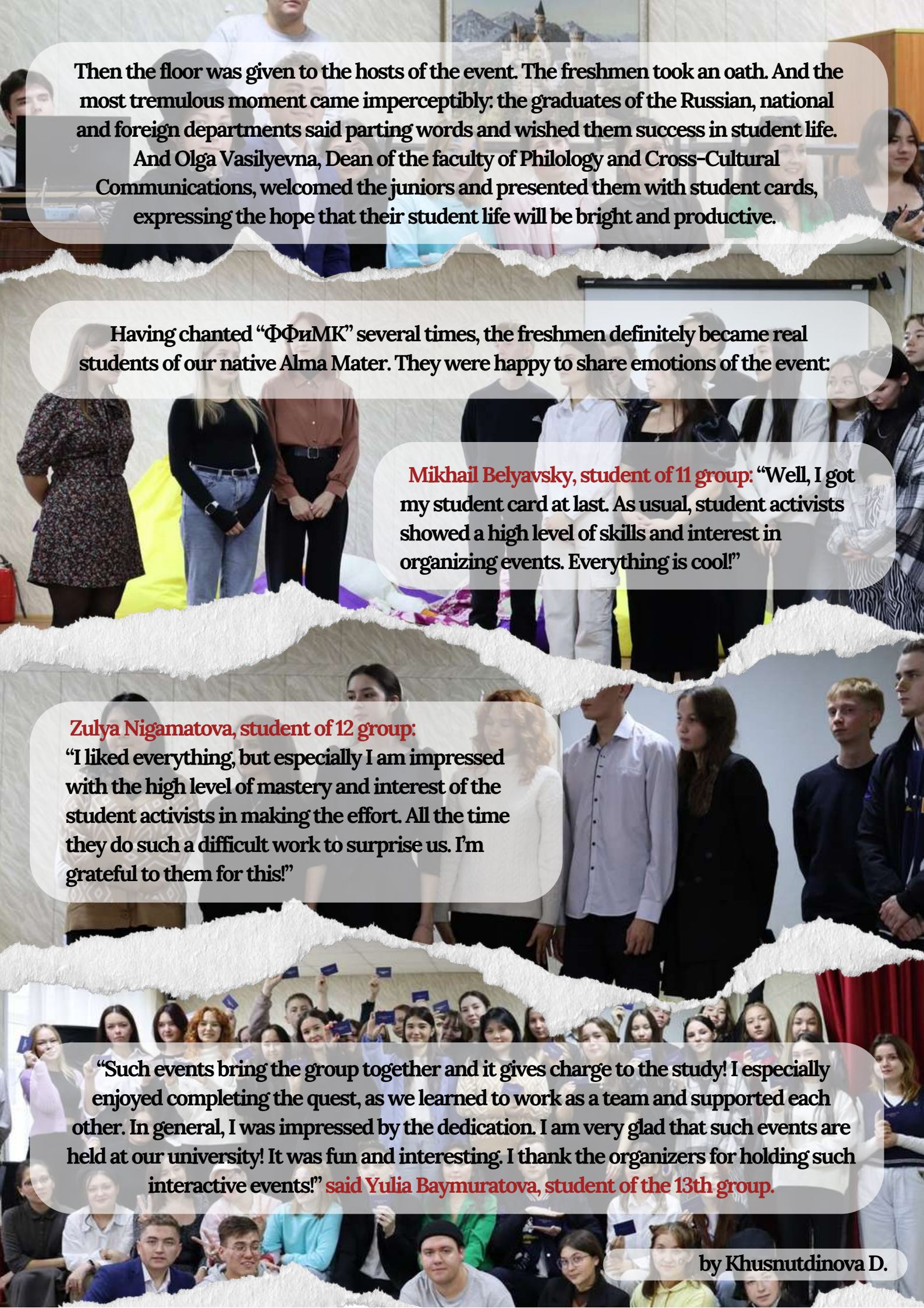
So summer has passed, as if it never happened... That is a well-known line from the song you know, isn't it? Indeed, summer has rushed by at a rapid pace. You just closed your eyes for a second, and it was already September.

What is September for students of 2-5 courses? These are smiles of familiar teachers and groupmates, familiar rooms and double periods. But for freshmen, this month is special. School is finished and classmates have left for different towns. A new, no less interesting time for every person has come. It is studentship. In the first days, you are followed by fears, tears and doubts. Do you recognize yourself? Surely, every first-grade student faced it.

There are people in every university who help to survive this adaption. These are teachers and senior students and at the faculty of Philology and Cross-Cultural Communications they are special!

The first event which helped to brighten up the daily routine of the newly minted junior students was the initiation into freshman which was held on September 22 by teachers and student activists. Everyone gathered on the stage: from Yandex Alice to Mustai Karim. And at the center of all the events is an ordinary student who is just getting acquainted with student life and learning independence (especially in doing homework!).

After the brilliant performance of the undergraduates, the first-year students were suggested to take part in a quest, in which they compared Bashkir and Russian proverbs, completed the lines of Anna Akhmatova's poems and even composed lines of their own! The students of all departments showed a high level of scholarship, creativity and ingenuity!



Then the floor was given to the hosts of the event. The freshmen took an oath. And the most tremulous moment came imperceptibly: the graduates of the Russian, national and foreign departments said parting words and wished them success in student life.

And Olga Vasilyevna, Dean of the faculty of Philology and Cross-Cultural Communications, welcomed the juniors and presented them with student cards, expressing the hope that their student life will be bright and productive.

Having chanted “ФФМК” several times, the freshmen definitely became real students of our native Alma Mater. They were happy to share emotions of the event:

**Mikhail Belyavsky, student of 11 group:** “Well, I got my student card at last. As usual, student activists showed a high level of skills and interest in organizing events. Everything is cool!”

**Zulya Nigmatova, student of 12 group:**  
“I liked everything, but especially I am impressed with the high level of mastery and interest of the student activists in making the effort. All the time they do such a difficult work to surprise us. I’m grateful to them for this!”

“Such events bring the group together and it gives charge to the study! I especially enjoyed completing the quest, as we learned to work as a team and supported each other. In general, I was impressed by the dedication. I am very glad that such events are held at our university! It was fun and interesting. I thank the organizers for holding such interactive events!” **said Yulia Baymuratova, student of the 13th group.**

by Khusnutdinova D.



# WHERE TO CATCH VIBE IN THE TOWN OF BIRSK?

WHAT ARE WE DOING? WHERE ARE WE GOING IN BIRSK?

WHAT ARE WE DOING?  
&  
WHERE ARE WE GOING?

Autumn is the most atmospheric time of the year. Trees shed their leaves, decorating the paths with orange leaves, cold winds blow, rains fall. At this time, people prefer to stay at home, with a cup of tea and some book, covered with a blanket. But, as they say, nature does not have bad weather. What if we tell you about how you can have a good time outdoors. Down with sadness and melancholy! Get ready for our journey to the interesting places of Birsk.



## "Coffee line " and "Chirkov" ✨

You will be met by friendly staff there who will help you choose coffee for every taste. And if you say "I don't like coffee", they'll offer you a very cool alternative – a cup of cocoa or hot chocolate. You can also order cheesecakes, donuts, waffles and much more. The cozy interior, pleasant lighting and muted music create an ideal environment for relaxation.

## "Four elements" ✨

A pottery workshop located in the very center of the city. It is suitable for creative people who want to try something new. This is a great place to spend leisure time with friends, family or with your partner. You can make mugs, vases, plates and much more with your own hands. And most importantly, you can take your masterpieces home.





### Anti-cafe "New place" ✨

Here you can spend time with friends, play board games or X-box. There is also a projector where you can watch a movie with a large company.

### Cultural and entertainment complex "Aurora" ✨

There you can go to a cafe and arrange a gastronomic tour, watch a movie, crunch fresh popcorn, score strikes in a bowling alley, reveal your vocal abilities not only in the shower, but also in karaoke, you can also arrange competitions with your friends in the game room, or just have a good time.



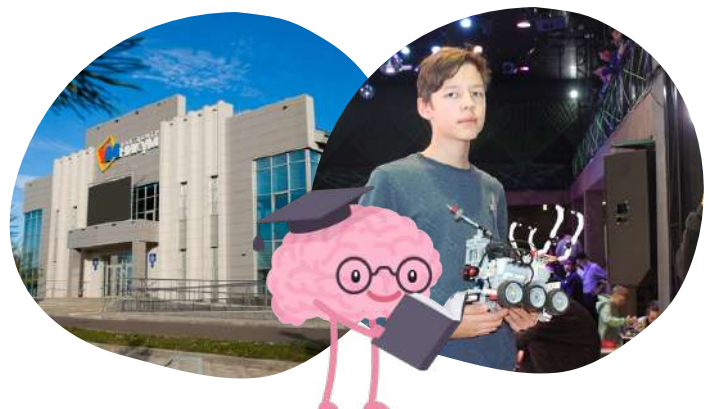
### Sports and recreation complex "Birsky" ✨

Fizkult-hello! It is intended to the most athletic. If you want to start leading a healthy lifestyle, then you've found the right place! You can choose many different activities, for example: yoga to catch Zen, dancing if you want to join Miguel's team, a gym if you want to beat a classmate in the fight for the last desk, and at the end you can swim in the pool to fully relax, as well as other sports classes that are worth trying.



### MAI "CEC center Umnikum" ✨

A cultural and educational institution based on high technologies, aimed at revealing and stimulating creative potential in children, young people and adults. Here you can participate in various events that will suit every taste.



WHAT ARE WE DOING?

&

WHERE ARE WE GOING?



## Victory Park, "Sokolok", "Berendey" ✨

Do you prefer to sit quietly and have a breath of fresh air? Then, for your attention and pleasure, we present this set of parks.

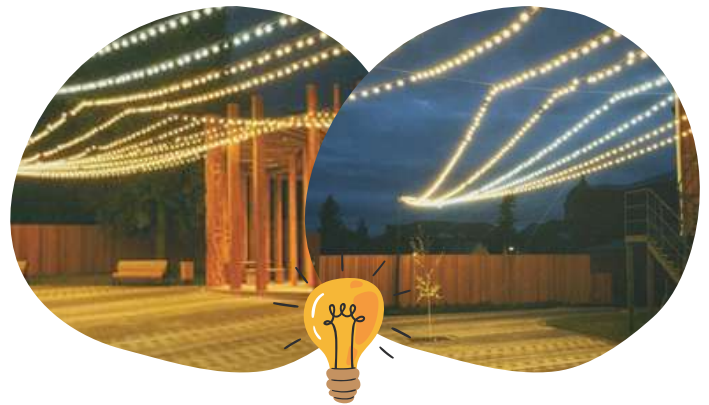
As in many cities in Russia, there is a Victory Park in Birsk, where there is a memorial complex, a monument dedicated to the victorious warrior. Here you can enjoy the beauty of the park as well as fortify your patriotic spirit.

Beautiful views of the Belaya River open from the park "Sokolok". There are also architectural compositions that reveal the unique history of the times of the revolution and the Civil War.

In the park "Berendey" you can enjoy the beauty of a variety of plants brought from other countries and even continents!

## The square next to the history Museum ✨

At the end of our mini-trip to Birsk we want to tell you about one atmospheric location. It is suitable for lovers of aesthetic photos and unusual art objects: the square next to the history Museum, a new Birsk attraction. We only recommend visiting it in the evening, late at night, when hundreds of small lamps light up.



**Of course, these are not all the sights and architectural monuments of the town of Birsk, but we tried to choose the most interesting spots for your pleasant pastime. Our goal was to share this selection with you, and your goal after reading the article is to turn your gloomy autumn into vivid memories.**

by Girfanova E. and Bakirova G.

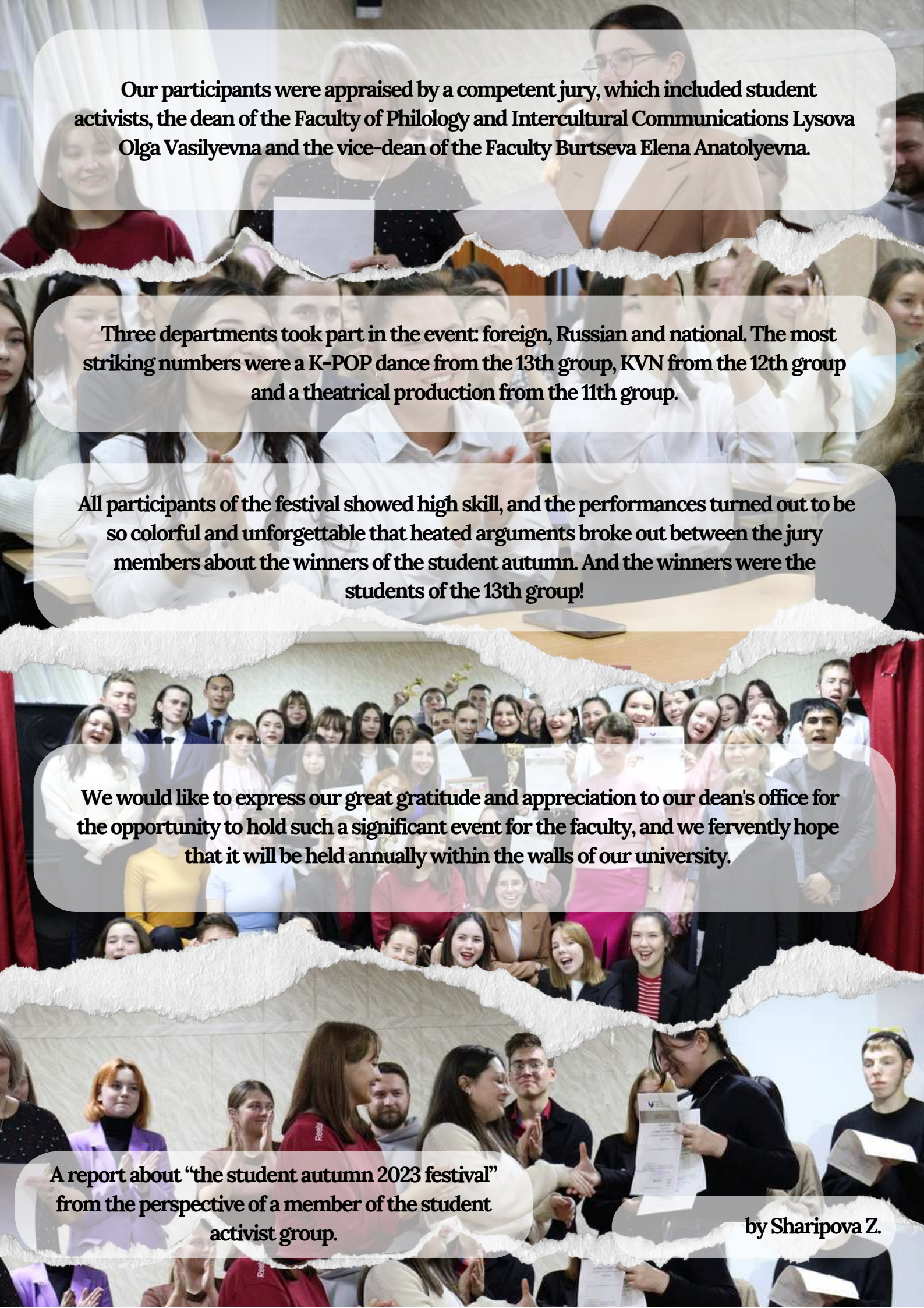
# THE WHOLE WORLD IS A THEATER, AND STUDENTS ARE ACTORS IN IT

On October 10, the Birsky branch of the Ufa University of Science and Technology hosted a long-awaited event - "Student Autumn 2023 Festival". This event has not been held since the re-founding of the magazine "The Artifact", so all the students were in anticipation, and our freshmen were diligently preparing to conquer our hearts. The theme of the festival "Student Autumn" was the 225th anniversary of the birth of the great Russian poet Alexander Sergeevich Pushkin.

Our newbies had a great opportunity to show their abilities and see with their own eyes how events of this kind are held. As expected, we got gifted and creative first-year students, whose talents delighted us. The participants were well prepared for the festival and put themselves 100% to the limit on stage, and also had fun with their classmates.

The competition was held in the following nominations:

- entertainment and master of ceremonies;
  - concert script;
  - theatrical art;
  - art of declamation;
  - best male role;
  - best female role;
  - vocals;
  - choreography;
  - the best video sequence;
  - original genre.
-



**Our participants were appraised by a competent jury, which included student activists, the dean of the Faculty of Philology and Intercultural Communications Lysova Olga Vasilyevna and the vice-dean of the Faculty Burtseva Elena Anatolyevna.**

**Three departments took part in the event: foreign, Russian and national. The most striking numbers were a K-POP dance from the 13th group, KVN from the 12th group and a theatrical production from the 11th group.**

**All participants of the festival showed high skill, and the performances turned out to be so colorful and unforgettable that heated arguments broke out between the jury members about the winners of the student autumn. And the winners were the students of the 13th group!**

**We would like to express our great gratitude and appreciation to our dean's office for the opportunity to hold such a significant event for the faculty, and we fervently hope that it will be held annually within the walls of our university.**

**A report about “the student autumn 2023 festival”  
from the perspective of a member of the student  
activist group.**

**by Sharipova Z.**

# TOP 5 QUALITIES OF A REAL TEACHER ACCORDING TO STUDENTS, TEACHERS, AND UNIVERSITY STAFF

On the eve of October 5, Teacher's Day holiday, we decided to ask students, teachers and university staff about the 5 qualities of a real teacher.

## 1. "Must have" of a real teacher:

- Responsibility (T. Zainitdinova, 4th year FFiMK)
- Ability to explain the material well (M. Safina, 1st year FFiMK)
- Impartiality (A. Pilipenko, 4th year FFiMK)
- Love for children (E.A. Burtseva, teacher)
- Justice and exactingness (Yu. V. Gorshunov, teacher)
- Great patience (T.L. Mikova, teacher)
- A sense of humor (S.F. Kharisova, teacher)
- Sincerity (D. Khusnutdinova, 4th year FFiMK)
- Contact with students and their parents (Olga Ivanovna, janitor)

## 2. The most unique quality, that should not be forgotten:

- Adventurism (Mikova T.L., teacher)
- Stay young at heart (Yu. V. Gorshunov, teacher)
- Love for the Motherland, language, national traditions (E.A. Burtseva, teacher)
- Humor (T. Zainitdinova and M. Safina)
- Creativity (D. Khusnutdinova)
- Mutual understanding (Olga Ivanovna)
- Self-development (S.F. Kharisova)





# TOP 5 QUALITIES OF A REAL TEACHER ACCORDING TO STUDENTS, TEACHERS, AND UNIVERSITY STAFF

On the eve of October 5, Teacher's Day holiday, we decided to ask students, teachers and university staff about the 5 qualities of a real teacher.

## 3. The "quality" of the teacher of the XXI century:

- Ability to work with modern technologies (T. Zainitdinova and M. Safina)
- Creativity (A. Pilipenko)
- Love for children (S.F. Kharisova)
- Tolerance (Yu. V. Gorshunov, teacher)
- Willingness to always change (E.A. Burtseva, teacher)
- Have fundamental knowledge (T.L. Mikova, teacher)
- Constant desire to develop (D. Khusnutdinova)

## 4. Universal quality:

- Competence (T.Zainitdinova)
- Responsibility (M. Safina)
- Mindfulness (A. Pilipenko)
- Confidence in your business (Olga Ivanovna)
- Ability to present the material (T.L. Mikova, teacher)
- Respect for the student (Yu.V. Gorshunov)
- Have deep knowledge (E.A. Burtseva)
- Professionalism (D. Khusnutdinova)

by Rashitova I.





# TEACHER AS PROFESSION THROUGH THE CAMERA LENS

There are many films in the world, but there are also those that sometimes remain in the background. Recently we celebrated a holiday dedicated to those who invest every piece of their souls in us: our magnificent teachers - "Teacher's Day"! In connection with this event, we would like to present you a selection of films related to our difficult but worthy profession.

Since we study 2 languages, our TOP list will consist of English and French films.

**Our aim is to watch films in the original;  
learn languages and enjoy this process and, of course, get inspired!**


So, films in French:



## At home = «Dans la maison» (2012)

The film is based on Juan Mayorga's play "The Boy at the Back Desk." At the center of the story is a school French teacher who is disappointed in his students.


However, one boy attracted his attention, without showing much activity, being always gloomy, but at the same time he wrote wonderful compositions and essays. The teacher praises him, thereby motivating him to write new works...



## Class = «Entre les murs» (2008)

"Class" is a 2008 French feature film directed by Laurent Cantet based on the novel "Between the Walls" by François Bégoudeau.

One academic year in a regular school in a residential area of Paris. The French teacher is trying to find a common language with the students. He is not too strict and his directness shocks the students...





## Choristers = «Les Choristes» (2004)

The film tells about the everyday life of a boarding school for troubled teenagers, where a new teacher ends up.

Desperate to find a job, music teacher Clement Mathieu ends up in this boarding school.

There he sees what cruel “educational measures” the rector of this institution, Rashan, resorts to. The more Rashan bullies the boys, the more aggressive they become.

Torn between his duties to maintain strict discipline and his desire to make friends with his students, he organizes a choir club...



**And a few more stories in English, showing that the teacher is not only a profession, but a story hiding somewhere behind.**



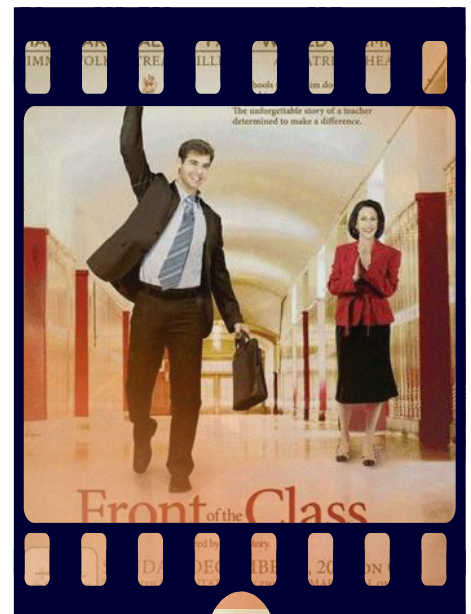
## «Behind the Class» (2008)

This film is not only about teaching but also about the dream and the difficulties the person has to go through to achieve it.

Since the age of six, Brad has been suffering from Tourette's syndrome. He wants other people to treat him like an ordinary man. His dream is teaching at school.

24 schools refused him, one decided to give him a chance.

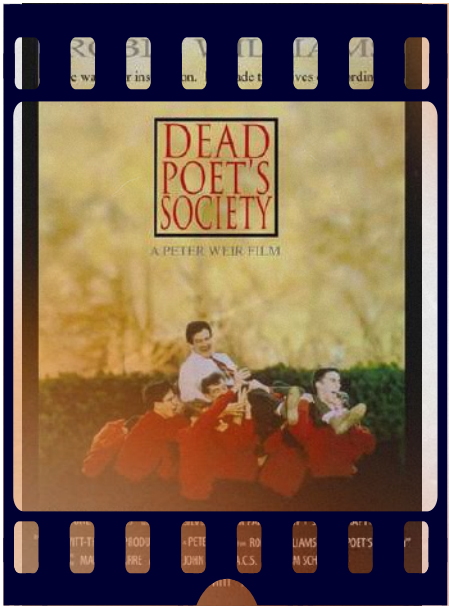
This film shows not only a teacher but a man who works really hard to make his dream come true.



## «Dead Poets` Society» (1989)

It is a story about a system of education which tries to destroy a concept of personality and a teacher who wants to give his students their own voices.

John Keating is a new professor of English literature at a conservative American college. He is favorably distinguished from the prim mass of teachers by his ease of communication, eccentric behavior and disregard for the training program. One day he initiates his wards into the secret of the Society of Dead Poets. From that moment on, each of the students tries to find his own voice in the faceless choir, to look at the world around him, jumping high above the gray school fence.



## «Detachment» (2008)

This film is about a substitute teacher who, in a short period of his stay in the classroom, should not only give knowledge his students, but also help them to understand life.

Henry Barth is a substitute teacher who receives another temporary assignment. This time he has to teach English language and literature in a "dysfunctional" school, where obscene language and insults against teachers are in order.



**And in conclusion of this list, we would like to add that we hope that after watching these films, you will remember your teachers with the gratitude, and these memories will leave a warm trace in your heart.**

by Pilipenko A., Shaverskaya D.

