



2022

# THE ARTIFACT

the holder of the finalist certificate of the regional state of  
the russian national award "student of the year - 2022"

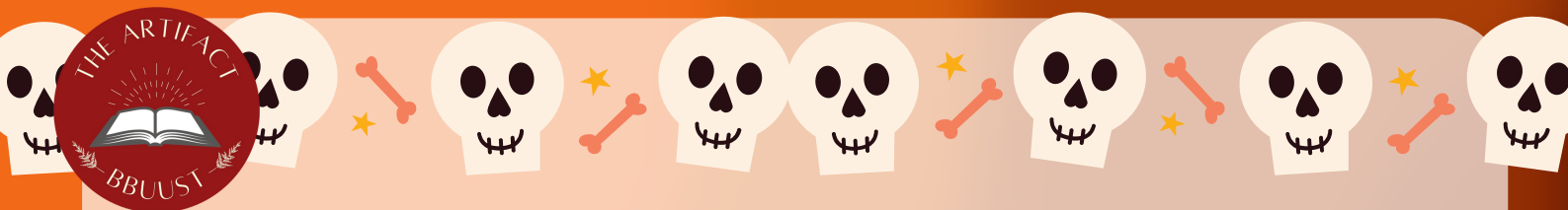
## HALLOWEEN ISSUE

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создано с

росмолодёжь  
гранты



## GOODBYE, “INFAK” – ADIEU, TRADITIONS?

Why is Halloween so important for students of the foreign department of the Faculty of Philology and Intercultural Communications?

Halloween originated in the territory of modern Great Britain and Northern Ireland, but in recent years the holiday has been actively celebrated almost all over the world.

In the town of Birsk, as in Russia as a whole, this holiday is still a controversial topic. Someone thinks that there are enough holidays in our multinational country, someone thinks that Halloween can poison people's souls, and this list can be continued indefinitely.

In this article we want to talk about the role Halloween plays in the history of the Faculty of Foreign Languages, and now the foreign department of the Faculty of Philology and Intercultural Communications, and why its celebration should not be banned.

As you know, learning a language is impossible without immersion in its culture, and holding holidays in English-speaking countries is one of the ways to get involved in it. Christmas, Thanksgiving, Halloween – they all carry a huge layer of knowledge for students learning English. As to the others? Observing such events helps to develop horizons, tolerant attitude to foreign culture and simply allows you to have fun.

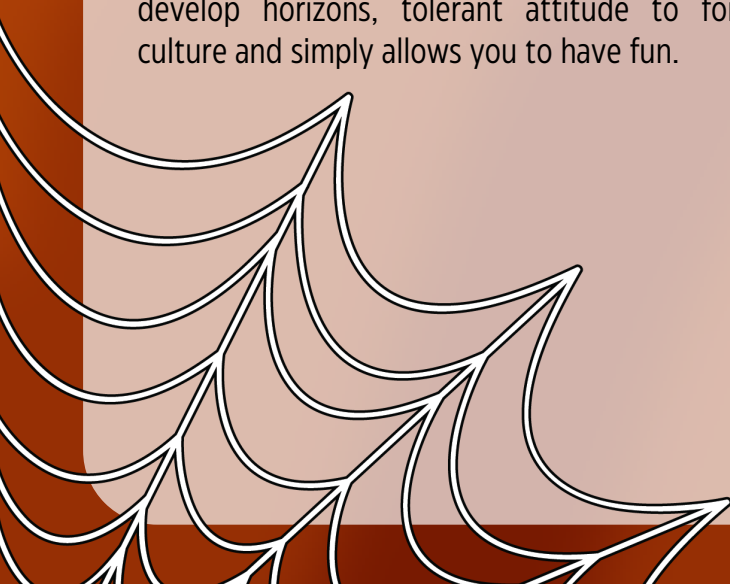
Previously, Halloween was widely celebrated in the Faculty of Foreign Languages in building, which is currently not functioning. Performances in English were staged in the assembly hall, where anyone could become a spectator, students dressed in costumes walked along the corridors, and thematic classes were taken in the classrooms.

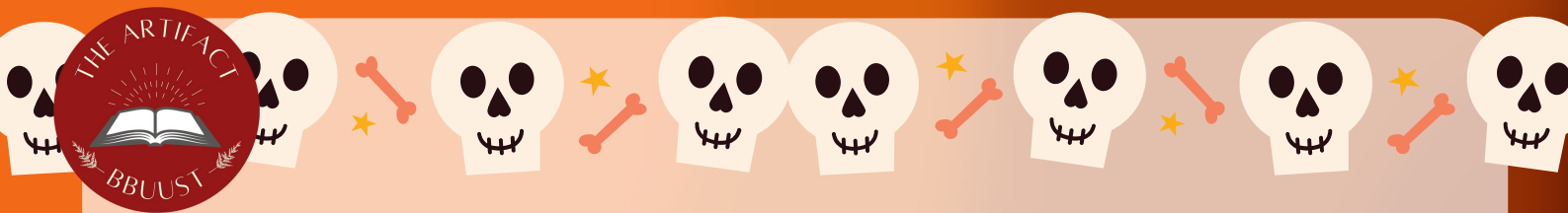
Some of the celebrations were held in the town library, and also got into the frame of local television, because as participation is absolutely voluntary, people with common interests and hobbies come together there.

Celebrations are held now as well, for example, for the second year in a row those who want to celebrate Halloween and Christmas gather traditionally at the anti-cafe "New Place", where they have a great time, which is confirmed by the growing number of guests and their reviews.

Let's leave people the choice of how they want to spend a weekday or weekend night. Let's be respectful to each other and to someone else's culture. Let's continue to develop together.

**With respect,  
"The Artifact" Editor-in-Chief  
Tishina Natalia**





# HALLOWEEN: HOW IT WAS AND HOW IT IS

**Not many people know that the feast of evil spirits and all the supernatural is actually ... a church holiday. The ARTIFACT tells how it happened, and how Halloween was celebrated some 100 years ago.**

Halloween is associated with the Celtic holiday of Samhain. On the night of October 31, the summer season changed to winter, and evil spirits returned at night to the land of England, Ireland, Wales, Scotland and Northern France in search of lost souls. The ancient Celts knew how to throw a party, so they dressed up in ritual costumes, depicting these evil spirits, lit bonfires and did fortune-telling.



The Halloween that we know now took form at the beginning of the XX century, preserving the traditions and symbols of ancient times – the veneration of spirits, harvest symbols and predictions of the future. But the best thing that happened to Halloween in the XX century – costumes.

And the people of this era succeeded in this. And no one will tell you about it better than old photos – just looking at them makes your blood run cold. It's creepy, strange and unusual, right?

P.S. The atmosphere of such old photos inspired Riggs Ransom to create a series of books "Miss Peregrine's Home for Peculiar Children". All the books are illustrated with pictures that the author has collected since childhood.

**By Shirokova A.**



In the Middle Ages, the Christian Church decided to supplant the pagan holiday and combined it with All Saints' Day. This is how All-Hallows'-Eve, or the night-before-All-Saints'- Day, was formed. No matter how hard the churchmen tried, the ancient traditions did not sink into oblivion and eventually turned into Halloween for all of us. And so it happened: October 31 became the day of magic, superstitions and evil spirits, and November 1 – the day of religious thoughts and church services.





## 13 TERRIBLY INTERESTING FACTS ABOUT HALLOWEEN

Halloween is coming - on the night of October 31 to November 1, thousands of people around the world will put on carnival costumes, hand out candy to children and admire lanterns made of pumpkins.

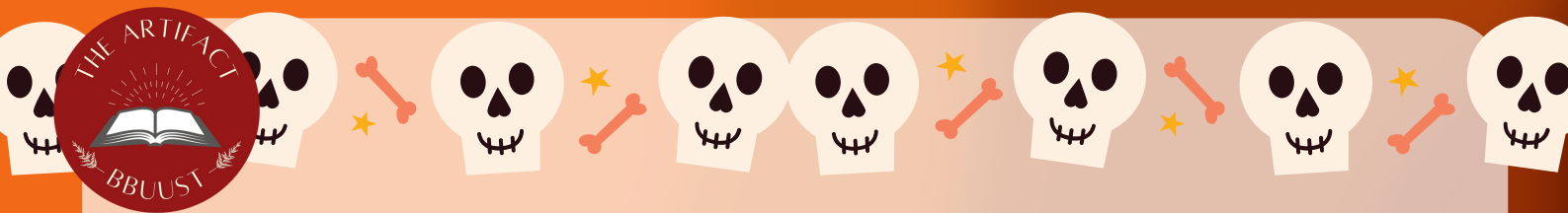
Here are some interesting facts about this holiday:

- Halloween is one of the oldest holidays, existing for about 2000 years.
- Halloween is the most profitable holiday after Christmas.
- Samhainphobia is an obsessive fear of Halloween.
- In English, the word "witch" comes from an Old English word meaning "wise woman." In fact, witches were highly respected people in their time. According to popular belief, witches held one of their main meetings, or coven, on Halloween night.
- Owls are a popular Halloween image. In Medieval Europe, owls were mistaken for witches, and hearing an owl hoot meant that someone was about to die.
- Surprisingly, the first versions of Jack O'Lantern were made from turnips.
- It is believed that the traditional colors of Halloween are orange and black, because orange is associated with the harvest, and black is associated with the other world.
- The largest Halloween parade in the world takes place every year in New York.
- Ireland is traditionally considered the birthplace of Halloween.
- According to legend, if someone puts their clothes on the left side and walks backwards on Halloween, then at midnight he or she will be able to see the witch.
- Scottish girls believed that they could see the image of their future husbands if they hung wet sheets in front of a fire on Halloween. Other girls believed that they could see the faces of their betrotheds if they looked in the mirror while walking down the stairs at midnight on Halloween.
- The black cat is an important symbol of Halloween. Initially, black cats were considered the protectors of witches from dark forces.
- On October 31, 1926, the great illusionist and magician, one of the most famous "wizards" of the twentieth century, Harry Houdini, died, after which his connection with magic was discussed for a long time.

**By Nikolaeva Ks.**

**HAPPY  
HALLOWEEN**





## THE PERFECT PLAYLIST FOR YOUR HALLOWEEN PARTY!

Halloween season means a whole host of horrifyingly fun gatherings, all of which need a mood-setting soundtrack of best songs to really lean into the vibe.

With the spookiest of holidays coming up, we've put together the perfect playlist for your Halloween party!

**“It’s Almost Halloween” – Panic! At The Disco.** The best composition for waiting for Halloween, which sets the MOOD.

**“Every Day Is Halloween” – Ministry.** If you want to feel yourself like a hero of some film connected with Halloween this soundtrack would help you!

**“Midnight City” – M83.** This lead single hit it big back in 2011 yet the track is still the perfect afterdark groove.

**“This Is Halloween” – Marilyn Manson.** A legendary track that will definitely immerse you in the atmosphere and give you an unforgettable feeling of this holiday.

**“Spooky, Scary Skeletons” – Andrew Gold.** Meme lovers, are you here? Almost everyone knows this track, so let’s rock it!

**“Somebody’s Watching Me” – Rockwell.** Is someone watching you? No? Are you sure? Look around but don’t forget to turn on this song!

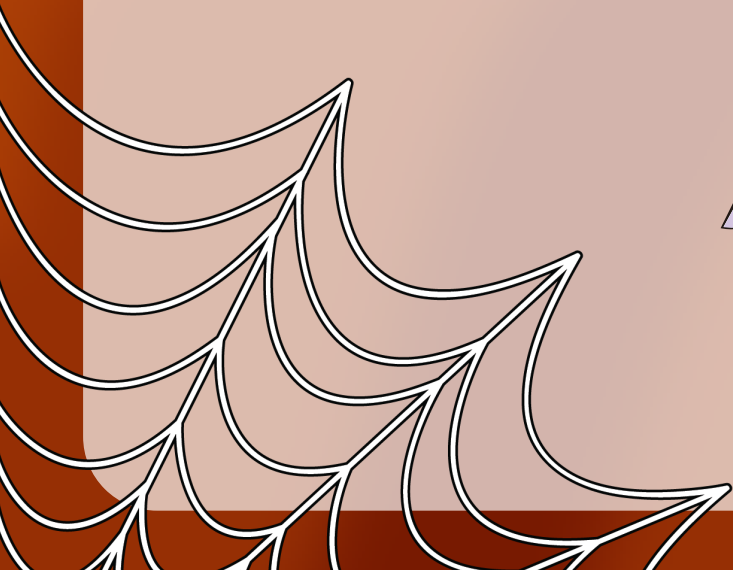
**“I Put a Spell on You” – Screaming Jay Hawkins.** Meme lovers, stop! Where are you going? Here’s another track special for you which is one of the most iconic Halloween songs.

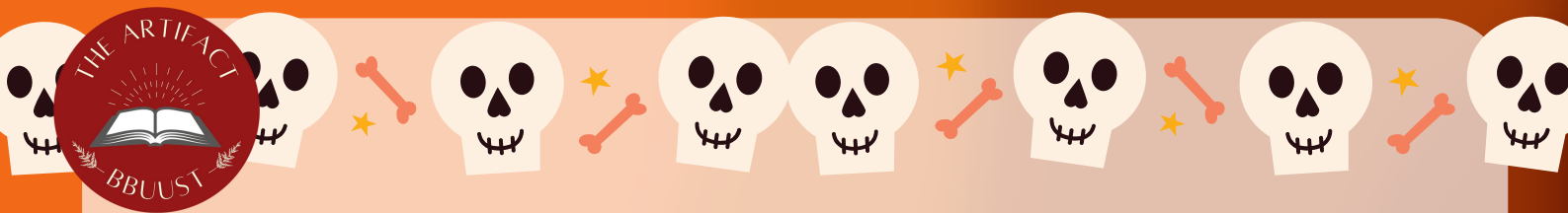
**“Thriller” – Michael Jackson.** Another legendary track with the 80s vibe.

**“Calling All the Monsters”- China Anne McCain.** Let’s dance with the monsters together!

**“Ghostbusters”- Ray Parker Jr.** The last but not least which always puts us in the holiday spirit.

**By Shaverskaya D. and Khusainova E.**





## SO WHAT PLACES ARE WORTH VISITING ON THE EVE OF HALLOWEEN IF YOU LIVE IN RUSSIA?

The Bermuda Triangle, the Egyptian Pyramids, the dungeons of the Tower of London ... all these places are shrouded in secrets and legends and they are famous all over the world. But Russia also has something to brag about! There are many mystical and creepy places in our country too. So what places are worth visiting on the eve of Halloween if you live in Russia?

### **Molebskyi Triangle, Perm Region**

The first mysterious point that we want to tell you about is the Molebskyi Triangle, located in the Perm Region.

At first glance this is an unremarkable place of the Russian hinterland but it carries no less mysteries and secrets than the Bermuda Triangle, and the description of accidents happening there is terrifying. For example, a change in the course of time is very often observed, objects can hover above the ground, and then descend again, people hear different sounds such as creaks or groans and a person's body temperature may rise or dizziness may appear.

There is a whole set of mystical places in this triangle. For example, huge strong trees are uprooted here and neatly folded into "Witch rings". In the photos taken in this place, there are balls with white spots. And near the Black River, the time changes its course. Many people see mysterious creatures at the "Settlements"(Vyselki), and those who spent the night there are haunted by nightmares for a long time then.



### **Lake Svetloyar, Nizhny Novgorod region**

The second mystical place worth mentioning in our article is quite well-known in historical circles. It's Lake Svetloyar, located on the territory of the Nizhny Novgorod oblast.

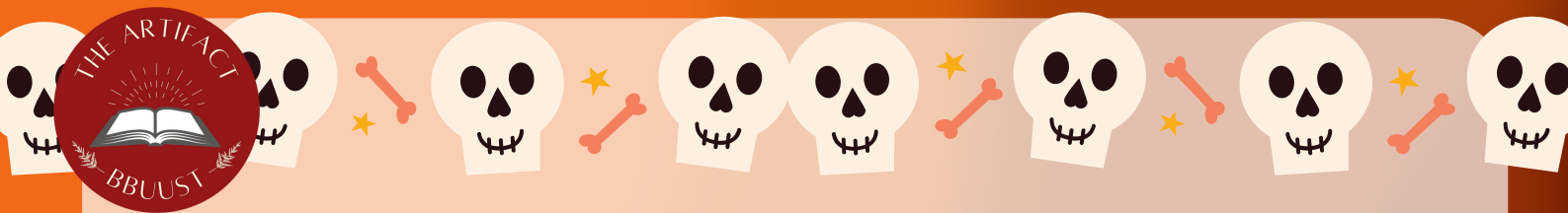
I find this place more mystical than creepy, but what makes it so special?

First of all, it is distinguished by its unusual shape of an almost perfect circle. This is rarely seen in nature, isn't it?

An ancient legend about the sunken city of Kitezh is also associated with Lake Svetloyar. It says that during the Tatar-Mongol invasion, the mythical city was saved from Batu's troops thanks to the miraculous property of being invisible. When the troops approached, the city allegedly disappeared from the eyes of the astonished enemy and sank to the bottom of Lake Svetloyar. They say that even now the ringing of bells is sometimes heard near the shores of the lake and the reflections of church domes are seen in its water.

Scientists still cannot come to a consensus about the origin of Svetloyar, which gives rise to even greater popularity of legends about this lake.





### Dead Mountain (Sverdlov Region)

The history of the expedition led by Igor Dyatlov is known not only in Russia, but around the world as well. Are you ready to go to the same place? The group stopped at the Dead Mountain, and after a while the frozen bodies, most of them barefoot and wearing only their sleeping clothes, were found 1,500 meters away.

However, Dyatlov's group is not the only one that died on the mountain. Because of the notoriety, tourists practically do not visit this place, only the most desperate venture. Despite the fact that nothing abnormal has happened on the mountain for a long time, people are still afraid to be on the mountain of the Dead, especially on February 1, the day when Dyatlov's group died.



### Valley of Death (Valdai and Kamchatka Peninsula)

There are several places in Russia called "Valley of Death" and the most famous of them is located in Valdai. According to the legend, there is a certain "stump" in this area, near which animals and people disappear. Another Valley of Death is located on the Kamchatka Peninsula, not far from geysers.

Animals often die in this place, but studies have confirmed that poisonous gases are often emitted in the area. If you decide to visit this picturesque place, be sure to leave before dark and do not stay overnight. During the day, gases do not pose any danger if you quickly leave the place where they were thrown to the surface.

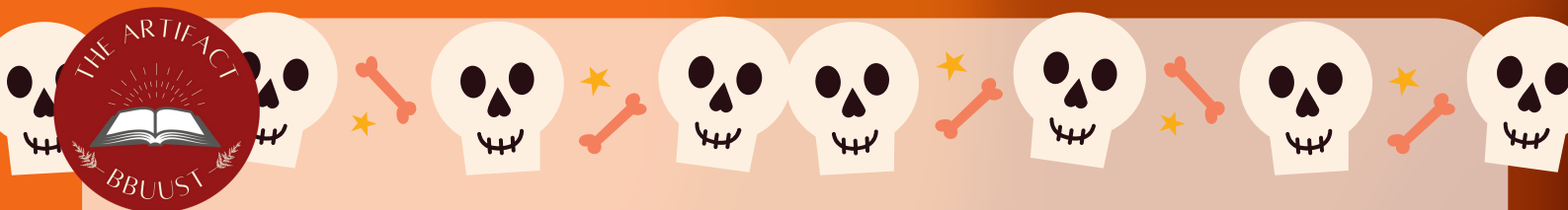


Russia is a beautiful place to visit but it's not without its dark history. There are a lot of tourist spots born out of urban legends, real-life incidents or tragedies, will teach you about the country's history but these places hold ghosts of their past. These scary places have always fascinated fans of horror and become much-discussed topics among them and even people who don't like mystics and horrors at all. Whether it is worth traveling to such places is up to you to decide.

**By Rashitova I. and Pilipenko A.**

**BOO!**





# HORROR ON YOUTUBE

You can feel the atmosphere of horror not only on Halloween. Some of people are so much in love with things that make blood run cold in their veins that they turn these objects not only into their hobby, but their life's work as well. Stephen King, Howard Lovecraft, Edgar Poe are people who wrote about horror and described horror directly. Now as we live in an era of technological progress, horrors can be found not only in books. For example, on YouTube. This is a good platform for developing your creative potential. And today we will talk about some channels where people who adore horror create horror there.

## Mr. Nightmare

The channel has more than 5 million subscribers. The author of the channel clearly illustrates creepy stories, which is why even his calm voice does not save from tension during viewing. The channel's themes range from supernatural creatures to real stories from around the world.

The main feature of Mr. Nightmare is the transformation of ordinary things into horrors. For example, at Christmas, the channel necessarily releases a couple of videos dedicated to the terrible events on the eve of the holiday.

## ReignBot

This channel is mainly dedicated to the creepiest sides of the Internet. ReignBot sheds light on conspiracy theories and urban legends, separating truth from fiction and offering its own versions of what happened. The channel is ideal for those who like to read creepypasta or do not know what is really going on in scary videos on YouTube.

## «Містика» and «Agatha Christie»

Don't be afraid of the dark, be afraid of the person who hides in it... These two channels are dedicated to murders and tragic deaths that have left many questions. Do you like real detective and crime stories? Then you are in the right place, you will not remain indifferent. Some of the stories will make you cry, and some will make you angry because some crimes could have been easily solved if the police had been a little more attentive.

## «WorldBegemotKot † Страшные истории † » and «DARK~PHIL»

The authors of these channels differ from other channels as they write their own horror stories. They are terribly creative. Each of their stories is unique, some of them have a long and twisted plot presented on behalf of different characters. The voice of the author of the Dark Phil channel is calm, but it won't let you fall asleep, because his stories keep you in suspense. As for the author of the Behemoth cat channel, he has recently advanced even further in his work - he released his short horror film. Check it out!

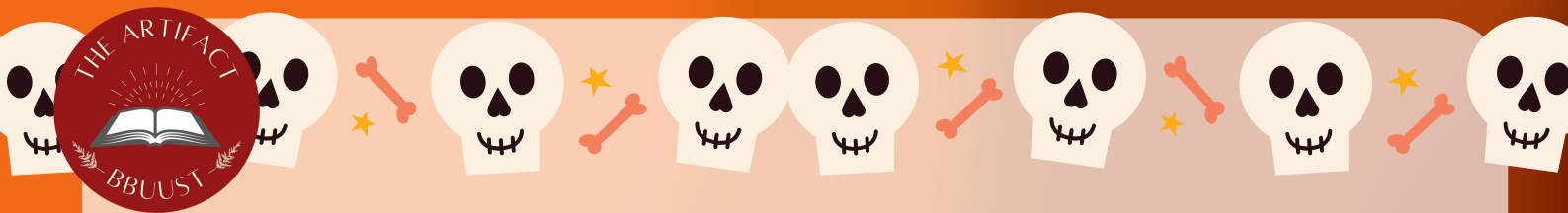
## FlynnFlyTaggart

I would like to tell you about this channel, as its author has released 7 videos 40 minutes long dedicated to creepy phenomena on the Internet. He relates in detail about such creepy YouTube channels as nana825763 or shaye saint john, analyzes the videos of Squidward's [роскомнадзор] and also shares old creepypasta videos like Slenderman. It is especially interesting to learn a lot of new facts about hacking television channels in one of his videos. So creepy!

By Akurbaeva Zh.







## WHAT IS SAMHAINPHOBIA AND HOW TO DEAL WITH IT?

Halloween is often intentionally frightening, and this can seem downright overwhelming to those who suffer from samhainphobia or fear of Halloween.

Defined as a persistent, abnormal and unreasonable fear of Halloween, samhainphobia is a term that has its roots in ancient pagan traditions, particularly those of the Celtic Druids.

### What causes samhainphobia?

Although samhainphobia is not a separate diagnosis in the DSM-5, fear of Halloween may meet the diagnostic criteria for a specific phobia. Specific phobias include irrational and excessive fear associated with a specific object or situation. Consequently, the causes of Samhainphobia may be similar to those of other types of specific phobias. The exact causes of specific phobias are unknown, but previous frightening experiences, genetics and brain chemistry may all play a role.

### How to overcome the fear?

It is important to overcome your fear of Halloween, as it is one of the biggest holidays in the United States. Those who are afraid of the holiday may have difficulties at work or school events, as well as at social gatherings. But how you deal with the fear depends on many factors, including the nature of your phobia, its severity and your personal triggers.

If your fear is relatively mild, you can tackle it with basic coping methods. These can include:

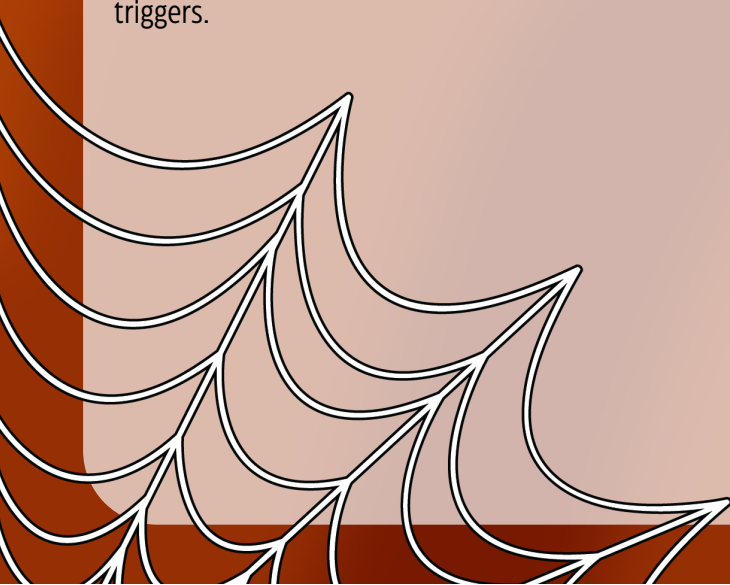
- Imagine successfully coping with the frightening event
- Breathing deliberately or consciously to calm your nerves
- Attending a Halloween party with a supportive friend or relative to reduce anxiety

Also, an effective way is to gradually desensitize yourself to triggers. This can be done by thinking about the object of fear or seeing pictures of ghouls, witches, ghosts or trying to visit Halloween shops. This should be done gradually until it stops triggering anxiety.

Talking to friends, family members and trained therapists will also help to overcome the fear of Halloween once and for all.



By Samigulina S.





## IF NOT HALLOWEEN, THEN WHAT...?

October, starting from the middle, in many English-speaking countries transforms everything around itself: in stores on the shelves with goods, you can see little spiders on the web (and not because of poor cleaning), paper bats are hung everywhere. Let alone on 31st October you can see those characters whom you were most afraid of, or loved, in your childhood – clowns, witches, Fairy Godmother from the “Shrek” cartoon. As they say, «Halloween is a one night a year when a girl can dress...».

There is a reasonable question: what if one doesn't like bats, little witches and the phrase “Trick or treat?”. For your attention we give a list of holidays celebrated worldwide on October 31st – choose any and make your day unforgettable.

1. International Black Sea Day. Take out the seashell given to you by your great grandmother far back in the past, put it to your ear and relax to the sound of seas.

2. International Economy Day. Put off your phone with all the marketplaces available to you and your desire to “living large” at the university cafeteria with your last 100 rubles. At least, you can do it tomorrow with less guilt...

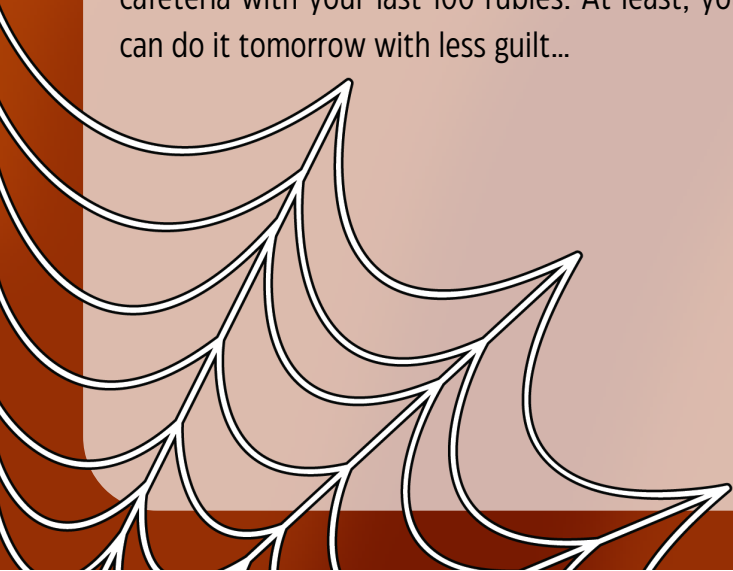
3. And in Russia... Pumpkin Feast of the Saviour! But will it SAVE anyone? (Your joke could go here)

4. In 1892, this very day, Arthur Conan Doyle published one of his most famous books – “The Adventures of Sherlock Holmes”. Put a sign on your door saying “221B” and solve a mystery case of the unfinished term paper.

5. There are proverbs dedicated to this day: “In doing we learn”, “He works best who knows his trade”. So perhaps, you'll get to your term paper, my dear friend?

Certainly, we hope, that everyone has found something for themselves in our list. Let each your day be a holiday, be happy, like snowmen on January 25th – because it's (you won't believe it) – Happy Snowmen Day!

**By Zinova Ya. and Mamalimova Ay.**





# STUDENTS AND HALLOWEEN

Students - one of the categories of people, who support and maintain the tradition of Halloween celebration year after year. However, they do it so differently because of their place of residence and place of study. Moreover, everyone has their own traditions and customs related to this holiday. Let's learn some of them.

- **Pumpkin Festival at the University of Pennsylvania**

Penn University Arboretum holds an annual pumpkin festival. The challenge for the contestants is to carve and decorate pumpkins according to the specific theme: pop culture, plants and so on.

In addition to the cute performance of pumpkins, participants and viewers enjoy the Halloween show: performances of musicians, magicians, creative workshops and the final party.

- **Pumpkin Drop in MIT (Massachusetts Institute of Technology)**

Some people decorate pumpkins, but some prefer to throw them from a height of 90 meters. Students of «MIT», faithful to their vocation «scientists and engineers», arrange an annual pumpkin drop. They go up to the 21st floor and throw away 100 pieces of «orange balls». The territory is fenced in advance so that the falling pumpkin does not collide with the head of any student watching the great mystery. It is attended by hundreds of spectators who then gladly run and throw pieces of vegetables at each other.

- **Yale. Halloween. Orchestra?**

Yale University remains itself in every situation, even on Halloween Eve.

From October 31 to November 1, students gather in the concert hall, where the university orchestra performs modern pop songs, soundtracks from films and classical compositions. It all works as an accompaniment for the films made by students. Yes, you heard correctly. Yale students make a special Halloween movie that has no sound, because the orchestra plays in the background. The plot of the film doesn't have to be scary.

- **University of California Los Angeles and Charity**

UCLA has adopted the cutest tradition ever. It is called «All Hill Halloween» and has existed since 1986. Every year the university invites primary and secondary school students to its campus to beg for candy like the famous «trick-or-treating». The aim is to protect children and create a place where they can walk door to door without fear. It was originally intended for children from poor and African-American families, but now everyone is welcome. Students prepare in advance for the arrival of young guests: decorate the campus, put on costumes and buy sweets.

- **Birsk Branch of UUST and Fans of the «Terrible Holiday»**

Despite the fact that many adults around us are indifferent to the Halloween holiday, we – students, are ready to celebrate it over and over again, especially when there is a place for it. For the second year, students of the foreign languages department, the editorial board of the «Artifact» magazine give everyone unforgettable emotions in the «New Place» anti-cafe in Birsk. The whole building is divided into several sections or «stages», where people can create their jack-o'-lanterns, ask a fortune-teller about their future, make their own wall newspaper and much more. The «terrible atmosphere» passes in a really good way, the guests come in costumes, have fun and spend their time to their advantage.

**By Galieva K.**





# ENGLISH WEEK IN THE "NEW PLACE"

## From football to Halloween in 7 days!

A week dedicated to the English language, organized jointly with the student journal in foreign languages "The Artifact", has traditionally been held in the walls of the "New Place" anti-cafe.

The editorial staff are always ready to share their love and thirst for foreign languages with everyone, so this week was a kind of outlet where it is possible to realize all the ideas.

The starting point was a meeting of the cultural-and-mass sector of the editorial team. The burden of choosing iconic moments of the English-speaking culture quickly receded in a friendly atmosphere full of creativity and laughter.

It was decided to diversify Monday evening with football, namely a tournament on a series of "Fifa". sports simulators. Football, as a native English sport, gave a good boost to the British week.

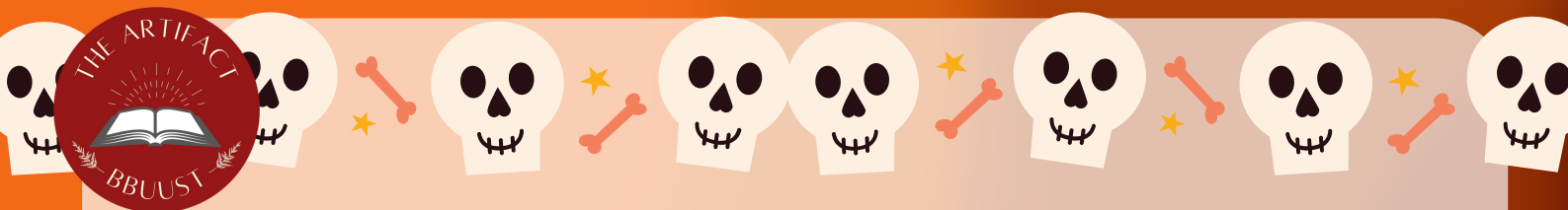
The next day seemed exciting for the young audience of the anti-cafe, because the event of the evening was a quest based on the sensational "Brawl Stars" online mobile game. The guests were greeted by famous heroes, Leon, El Primo, Volt, Spike, Poko and Tara, and challenged them. Each stage corresponded to its own character, so that the children could play a card game-reactions of "Memograms", show their strength, dexterity and ingenuity, play musical instruments, and also bring their team the cherished point-coins. Little presents - chupa-chups (the symbol of the head of the evening, Leon) were waiting for the participants for the coins they had collected in the brawl-pass.



Wednesday stayed in the memory of the guests as a cozy gathering of the book club dedicated to the works of Stephen King, with a delicious tea. It turned out to be a truly English evening!

The middle of the week was again more active, because as you know, music is able to bond people of different age, cultures and worldviews. MEG (Music English Game) is an interactive quiz in English hits of the present and the past that have settled in the memory of many people who do not even speak English. Participants were to deal with 5 different stages, starting from guessing songs by one word or clumsy machine translation and ending with singing songs the other way around. The evening ended with a well-known activity – karaoke. Some players discovered the songs from a new side, learned their meaning. Although this game is more suitable for students of the foreign languages department of the Faculty of Philology and Intercultural Communications, as we should note, yet it was very nice that young people, far from English culture, could take part as well and get a brilliant result.





On Friday, the "New Place" turned into a Mansion of Madness in honor of the board game of the same name, which takes place in the world of Howard Lovecraft, the master of horror and author of myths about the Ancients. The players had to take on the roles of detectives and plunge into a dark world filled with madness. The Detectives explored mansions and surrounding areas, uncovered secrets, collected evidence, fought monsters and even solved puzzles.

The first day-off was a great occasion to spend an evening in the company of films and cartoons. The guests were greeted on the big screen by "Coraline"(2009 cartoon), and "Get out" (2017). But, to be sure, the tapes sounded in the original voiceover and were accompanied by subtitles on the screen for full immersion in the atmosphere of the English week.

The final chord, the cherry on the cake, was the Halloween celebration. The history of the Halloween holiday dates back to pre-Christian times. It is believed that this is a Celtic holiday, which is celebrated at the junction of the seasons. We can say that this is a kind of pagan new year.

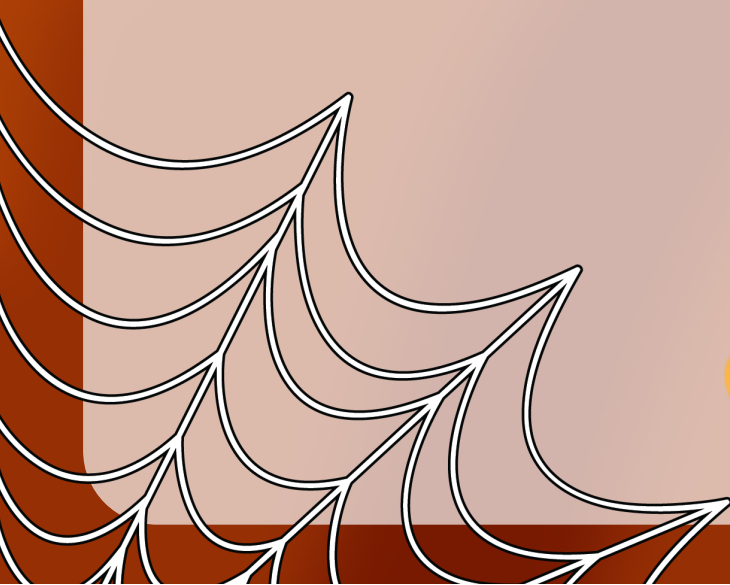
Now it's just a cool reason to rewatch legendary horror movies, dress up in a funny or scary costume, carve a pumpkin and, of course, have fun with friends! All this was waiting for the guests of the anti-cafe on the 30th of October!

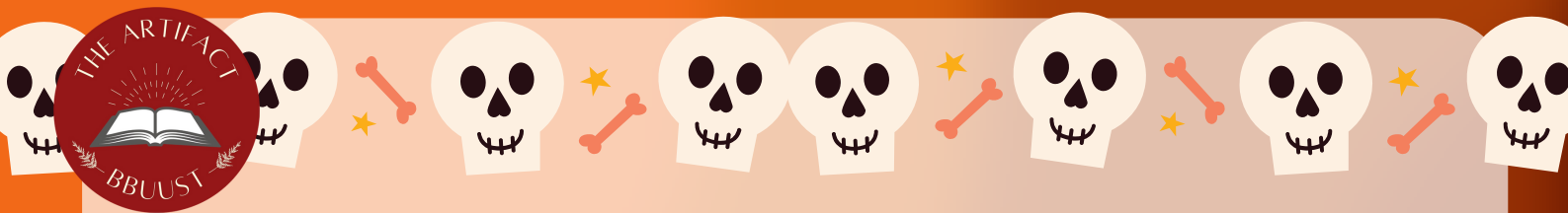


The Halloween party was opened with a linguistic-and-cultural quiz created with the grant support of the Federal Agency for Youth Affairs (Rosmolodezh), which tested the guests' knowledge about the history of the holiday and how it is observed in the English-speaking countries, but also shared new entertaining facts.



Further on, the evening developed in the way the visitors wanted to, because interactive stages took place on the entire premises of the "New Place", and it was always possible to enjoy snacks and themed drinks at the bar.





Everyone could test themselves in the traditional Halloween game – The Apple Bobbing. The task is to catch an apple floating in a basin of water with your mouth. The extracted fruit could be enjoyed during the evening.

Also, we could not do without another important tradition – carving Jack-O'-lanterns out of pumpkins! Each pumpkin came out unique, perfectly reflected the character of its creator and maintained a festive-frightening and creepy atmosphere.

Speaking of the atmosphere, it's hard not to mention that the guests could find out their fate from a local fortune-teller. Someone asked about love, studies, success at work, but the answers to these questions will remain only between the witch and her clients.

To make this Halloween memorable, the student journal "The Artifact" and the anti-cafe "New Place" have prepared a festive photo zone. Elves, witches, clowns, devils, pirates, gorillas, anime or game characters will never be erased from memorable photo cards.

By the way, there were two actions throughout the sabbath: the search for numbers and the secret of the chest. In the first case, having found a sheet with a number from 1 to 10 on the territory of the anti-cafe, the guest became a participant in the drawing of certificates from the "New Place" and one of these certificates could be obtained by finding a key suitable for the lock in a bowl with soil and maggots.

The finale of the evening was a tea party with a delicious Halloween cake and the second rewatching of the cartoon "Coraline", which has already become a cult one in youth circles.

The editorial staff of "The Artifact" sincerely thanks everyone who paid attention and took an active part in our little holiday. You were incomparable! Stay with us and see you again in the "New Place" on Christmas Eve!

**By Tishina N.**



# **Editorials**

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