The Faculty of Foreign Languages

The Artifact

Vol. 2

The Truth Is Down Here...

October 31, 2011



EDITORIAL



Hello everyone!!! This is our second issue, and we decided to dedicate it to many events of October.

The first two articles present the Initiation Into Studentship viewed from different points of view—the fresher's and the sophomore's one.

The next one is "Laughter is Our Birthright" written by Zhukova Zhanar. Here you'll find some ideas on psychology of laughter and its place in our life.

The following part is dedicated to the greatest event of this month—Helloween, its origin, traditions and jokes. We take care about you, so we have 9 express-costume to be ready for this event and we made a research on our fears.

Be ready and aware! Happy
Halloween!
Love, yours.

By Irene Pimshina

TO BE CONTINUED ...

Every year young people leave school. The doors of various institutions of higher education open to them. For every young person there is a different choice though everyone, on entering the institution, has to go through a special rite of initiation into the family of students. Each university has its own initiation traditions. The faculty of foreign languages is no exception.

On the 14 of October there was held at the faculty of foreign languages a special Event – the Rite of Initiation to Students. The first-year students were full of excitement caused by the anticipation and preparation for this Event, because the Event like this happens only once in a lifetime. The Undergraduates prepared an interesting event. There were songs, dances and skits. All took an active part in the concert. At the close of the Event the dean of the faculty Yuri Vladimirovich Gorshunov said parting words, congratulated the students and handed over the student cards. The Freshmen also congratulated the 4year students and exchanged traditional cakes. This day will be remembered for a long time!

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By Vlad Shestakov

THE FIRST MEETING

Since ancient times people have organized a variety of initiation: into knighthood, shamanism, sorcery etc. It was very important to go through the ritual because the early people believed that it gave luck and strength. Nowadays one of the most popular rites is the

initiation into profession, craft or occupation. Firemen, seamen, tailors and teachers and so on - everybody can take part in it. Pupils and students also have such ceremony in their educational institu-

tions. Our Academy, particularly the faculty of foreign languages, is no exception.

Traditionally this event consists in performances by senior students and freshers, the ritual of giving an oath of allegiance (mainly - to study well, to be patient and hard-working, to keep the number of students the same till the very end, to

love an Arakin textbook as your desk book and guide-book and so on) and the final speech of our dean, Yuri Vladimirovich Gorshunov.

This year the conception of the concert was military, based on the army life and service and our

regular and focused learning and what's more important - without the burning desire). Surely, our students will go through all the difficulties and reach the adorable finish. To speak frankly it's not the end because there is always room for improvement...



the scene in which Roman Yanibaev and 'family' his found out that the boy entered the Academy. Everybody was happy except the mother (Zilya Akhmadieva)

The concert

started from

freshers were introduced as soldiers who only start their hard and thorny way (and that's rather good because everyone knows how it's difficult to study one or two foreign languages. It's not only language: there is also the culture, traditions and history of an Englishspeaking community. You'll never learn a foreign language without hard work, who played her role in a very realistic manner. Then there were the sketches called "Thoughts", "The Charter" by Group 403 and the traditional Tatar number - a lovely song from our songbird Liana Valiakhmetova. Our faculty has a lot of singers who regularly perform and demonstrate their vocal abilities. The real masterpiece was the a cappella

by the senior students. They sang the "Hide and Seek" song so that everybody was charmed by the girls and applauded vigorously. The students of Group 303 danced to the Space Cowboy Remix of Lady Gaga's well-known "Poker Face". One of the brightest actors of the faculty Maxim Ugolnikov & CO acted the limericks about college life. Nastya Vidrina sang the song "Werewolf" to

the guitar accompaniment Paul Sokolov. So they brought whiff of Russian air to the Englishlanguage atmosphere. Denis Yanaubaev and Vadim

Latypov showed the sketch "Alex Novik" with the main idea "No more Alex Novik!" The Eminem of our faculty Alexander Prokopiev appeared in his habitual image and performed a rap song. Then our mixed troupe of boys "Alejandro Production" danced to the contemporary pop-songs. This act was first presented to the wide audi-

ence at the "2010 Student Spring Festival". Since then they have taken the world tour with the same exciting program.

The first year students displayed their personal style. Of course it's a bit different in comparison with the performances of the "demobees" but they looked wonderful and fascinating. Rayanova Victoria (Group 101) demonstrated

Alla and Kseniya from Group 103 raised this topic up rather artistically.

The last word belonged to the dean. He gave the student ID cards to the monitors of the groups and wished every student to be successful in their studies, to join the list of "the brains" at the faculty of foreign languages and to stay together till graduation.



The unique bell (from Yuri Vladimirovich's unique collection) rang to welcome newcomers to our ranks - a group of 36 first-year students - as if saying: "Feel home and study

properly! Good luck!"

her singing abilities by the unusual song "Paramaribo". The comic superstar Roman Yanibaev (Group 104) took part in several plays and proved that he can be a good husband and a monstrous princess at the same time. What can make our students cry and go mad? The problem with an international passport, for sure!

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By Zhukova Zhanar

Laughter is Our Birthright

Laughter is the brush that sweeps away the cobwebs of your heart. Mort Walker

Why do people laugh? What's the point in it? Does it influence greatly our vision of the world? Is it helpful in solving problems and dealing with stresses?

We all know that there are a lot of enter-

taining programs on TV, humorous shows, different concerts. At our academy a competition of the Club of the Jolly& the Quick (KVN) is held every year. Each faculty takes an active part in it.

In fact, all people like to be amused, to laugh, but very few can understand how

difficult it is to make a joke and to have the public laugh.

It's common knowledge that laughter raises our spirit. And the good feeling that you get when you laugh remains with you even after the laughter subsides, some kind of aftereffect. Humor helps us findings: keep an optimistic way of looking at the world through difficult situations. Sometimes, we can see our problems from a different angle when we laugh at them or even at ourselves.

What else we know about laughter is that it's $a \Rightarrow The$ sound of the roaring highly contagious thing! We can't help giggling or at



least smiling when people around roll on the floor laughing at something. Moreover, when laughter is shared, it binds people together and increases happiness.

A lot of research was done to study laughter and its influence on us. Here are some bits of these

- ⇒ Laughter is not primarily about humor, but about social relationships.
- ⇒ We don't decide to laugh at these moments. Our brain makes the decision for us. These curious "ha ha ha's" are bits of social glue that bond relationships.
- laughter is far more contagious than any cough, sniffle, or sneeze.
 - ⇒ Laughter triggers the release of endorphins, the natural feel-good body's chemicals. Endorphins promote an overall sense of wellbeing and can even temporarily relieve pain.
 - ⇒ Laughter improves the function of blood vessels and increases blood flow, which can help protect you against a heart attack and other cardiovascular problems.

Thus, we can say for sure that laughter brightens our life, makes it colorful and joyful. As we study foreign languages and communication of people from all over the world, we shouldn't omit the fact that everybody laughs the same in every language because laughter is a universal connection.

By Alina Kugubaeva

Some Interesting Facts About Halloween

As you know, Halloween will be on the 31 of October. Students of our faculty will celebrate it too. And I decided to share with you some interesting, informative facts about it.

To tell the truth, I don't like this holiday though I love autumn. I love parties. I love candies. But I don't like the holiday when those things combine with horror. I hate the way Halloween has basically turned into a night holiday for people. We usually see vulgar nurses, vampires, bloody naughty school girls and so on. There are many things a female can be, but the one uniform requirement above all it is that they try to look sexy. Is this really fun?!!

Nevertheless Halloween is an annual holiday that commonly includes other activities such as trick-or-treating, telling scary stories and watching horror films.

Here are some interesting facts, which I have learned about Halloween that you might not know:

1. "Halloween" is

short for "Hallows' Eve" or "Hallows' Evening"

- 2. The word "witch" came from the Old English -wicce, which means "wise woman."
- 3. The owl is a popular Halloween image. In



Europe owls were thought to be witches.

And have you ever been dressed in owl costume for Halloween? J

4. Black and orange are traditional Halloween's colours. Why are the colors of black and orange typically associated with the holiday of Halloween? It is thought that orange is a symbol of endurance. Black

is typically a symbol of death and darkness and acts as a reminder that Halloween is a festival that marked the boundaries between life and death.

- 5. Halloween can variously be called as All Hallows' Eve, Witches Night, Lambswool, Snap-Apple Night, All Hallowtide, Samhain ['sawIn] and Summer's End.
- 6. Did you know, that an intense and persistent fear of Halloween is called samhainophobia?
- 7. The largest pumpkin ever measured was grown by Norm Craven, who broke the world record in 1993 with 836 lb. pumpkin.
- 8. Halloween originated in Ireland over 2,000 years ago.
- 9. The correct pronunciation of Halloween is actually $[\Box hæləu'i\Box n]$
- 10. In many countries, such as France and Australia, Halloween is an unwanted holiday.

I've tried to write in short the most important facts about it. Thanks for your attention.

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By Daria Sido



Fears are an integral part of our life. They often appear in early childhood and may accompany us till venerable age or even death. I am afraid of going for a walk in the evenings - a maniac can attack me! I fear to put out my leg from a blanket at night - a ghost can seize it! I am afraid of entering the metro a terrorist may blow trains up!

Actually, it really difficult to cope with our fears. It is no wonder that people try to run away from them.

what But does fear mean? Lots of psychologists say that it is each other like

WHY DO WE FEAR?

an unpleasant feeling danger of and risk rereality this feeling. It goes without saying that all children in Russia,

for instance, are frightened by Kikimora or Baba-Yaga. This is an unreal feeling. But the fear of losing a job during the economic crisis is real.

Fears deprive us of any opportunity to be busy with something and we become

weak-willed under their influence. There are even cases when fears develop into phobias and require serious treatment.

Very often fears can be transmitted

an epidemic. And the mass media, TV programs and horror films may further this. It must be admitted that the gardless of only way to get rid of fears or for a famous film director Alunreality of fred Hitchcock was to shoot a film about them. Let others dread!

> Then a question inevitably comes to mind - how can we part with our fears? It should be pointed out that most of the fears are in our thoughts. So, empty your mind and do not be obsessed with them. Remember your childhood and your dear mother, putting her arms around you, and all of your fears will pass away!



By Irene Starkova

NOTHING TO WEAR?

There are so many different images and it is so difficult to choose one and the best for Halloween. But sometimes it happens that you don't have a lot of time to fuss over a fancy costume - we have nothing to put on! Going to the party without a costume is not the way out, so we prepared for our dearest girls the list of the easiest Halloween costumes based on the classics – the little black dress. A basic black dress can easily be transformed into many configurations. Here are eight great ideas:

Cat:
You
can purchase an inexpensive
tail and ear
set from
many online
retailers.



Put two cat collars together and wear them around your neck. Or make your own collar from fake leather or black felt. Make sure to include a bell! Wear long black fingernails. A cute painted-on feline face with whiskers and a black-tipped nose will complete

the transformation from human to animal.

Librarian:

Wear a big pair of horn-rimmed glasses, spray grey or white color in your hair and pull it into a tight bun. Another variation on this costume would be the sexy librarian. Keep a prim

and proper look with your hair and glasses, but cut the black dress short and jazz up the



ensemble with fishnet stockings and high heels.

Devil:

All you really need here is a pair of devil horns. Either buy some from your favorite Halloween store, or just make some out of papier-mac he and attach them to a headband. Your horns don't have to be red, they can be any color -you can even sparkle them up with glitter! If you want, add a devil tail, cape, and carry a devil's pitchfork.

Wizard: This is a great costume if the weather is uncertain or changing. Wear a cool black dress with short sleeves and add a warm purple cape. Put lots of sparkle gel on your face and in your hair. Add a pointy hat that you've embellished with glitter, sequins, and other sparkly objects.

Witch:

But don't be a traditional witch, add your own personal zing. Instead of a long black wig don a sassy purple one. Wear a funky beret or a fedora instead of the traditional pointy black hat and embellish it with flashy costume jewelry. Choose a long black dress or a short one, and if you want, temporarily sew in a piece of fabric to create an uneven, jagged hem. Striped stockings add a colorful touch. Glamourize with long evelashes. high heels maybe even a black feather boa!

Zombie:

Buy a special kit with

zombie makeup prosthetics. and or design your own. This is one costume that allows for a lot of creativity. Rip and shred the black dress. go bare-legged or



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sure to walk with a shuffling gait for maximum authenticity.

Evil Fairy: Fairies don't have to be cute and charming. The Artifact

wear torn nylons. Make Find a pair of black wings, put on a pair of fishnet stockings and layer on thick eyeliner and mascara. Tear holes in the black dress for an extra wicked look. No sweet rainbows for this fairy!

With just a little imagination and a few inexpensive accessories, it's easy to transform an ordinary black dress into a fantastic and fun Halloween costume.

By Margaret Musaeve

LET'S HAVE FUN! :-)

•What do you call a witch who lives at the beach?

A sand-witch.

•Why do witches fly on

brooms? Vacuum cleaner cords aren't long enough.

- •What do skeletons say before they begin dining? Bone appetite!
- •What does Mrs Ghost serve for dessert? Ice scream.
- •When is it bad luck to meet a black cat? When you're a mouse
- •Why do witches wear name tags? So that they can tell witch is which!

•What happened when a boy vampire met a girl vampire?

It was love at first bite!

•What do you get when you cross a snowman with a vampire? Frostbite.

Napoleon bone-apart.

•Who won the skeleton beauty contest?

No body.

•Why was the jack-o-lantern afraid to cross the road?

It had no guts!

•How can you tell that a vampire likes baseball?

He turns into a bat every night.

•When do ghouls cook their victims? On Fry Day.



•Dracula decided he need a dog, which breed did he choose?

A bloodhound.

- •Who was the most famous French skeleton?
- •When does a ghost have breakfast? In the moaning.
- •What do you call a little monsters parents? Mummy and Deady.

Reviewed by Prof. Phil. D.

TEST YOUR KNOWLEDGE OR

1. Jack O'Lanterns were originally made from:	Devil's son	Irish Mexicans
celery pumpkins turnips cherries	7. In Medieval times, what was commonly used as a cure for leprosy? a pumpkin an apple	13. The sweetest day of the year is: Christmas Halloween
2. Samhain is a word oforigin and is	a broom bristle a spider	Easter Valentine's Day
pronounced: Celtic: sow-en British: sam-hon French: sam-hayn Italian: sa-mheen	8. What does the word "witch" mean? Evil one Wise one Wicked one	14. A male witch is known as a: Witchman Warlock Halloweenie There's no such thing.
3. Samhain was celebrated	Ugly one	Ü
as:	0. 147	Answers.
Sheep Shearing Day New Year's Eve	9. Why does a witch commonly appear with a black	14 21
the Summer Solstice	cat?	3. – 3
The Fool's Day	for spell casting	42
The 10013 Day	for companionship	5. —1
4. How did Halloween get	for protection	64
it's name?	no reason	74
it's always been called that		82
evolved from All Hallow's		92
Eve	10. Halloween is always on	101
evolved from a popular	October 31st.	11. – Jack
greeting	True	12. – 2
none of these	False	13. – 2
		142
5. What phobia do you suf-	11. Originating from a story	The Truth is Down Here
fer from if you have an intense fear of Halloween? Samhainophobia Ghostphobia Hallowphobia Shamanphobia	about an Irish blacksmith, you ran into the Devil in a pub, what name is given to a pumpkin if it has a face carved into it and is illuminated by a candle?	The faculty of foreign languages The artifact newsletter BirGSPA, FFL, 452450 Kommunisticheskaya St., 58 The ARTIFACT editorial office istartaurus@rambler.ru
6. What does the name	12. Most experts believe the	EDITORS-IN-CHIEF Irene Starkova
Dracula mean?	were the first to ob-	
Blood drinker	serve Halloween.	Self-publication.
Evil one	Druids	© The Artifact staff writers
Vamnire Bat	Celtics	Original format — Irene Star